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2	XAVIER BECERRA Attorney General of California STEVEN D. MUNI	STATE OF CALIFORNIA MEDICAL BOARD OF CALIFORNIA	
3	Supervising Deputy Attorney General JANNSEN TAN	SACRAMENTO Tanuany 9 20 19 BY K. WODWY ANALYST	
4	Deputy Attorney General State Bar No. 237826		
5	1300 I Street, Suite 125 P.O. Box 944255		
6	Sacramento, CA 94244-2550		
7	Telephone: (916) 210-7549 Facsimile: (916) 327-2247 Attorneys for Complainant		
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9	BEFORE THE		
10	MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS		
11	STATE OF CALIFORNIA		
12]	
13	In the Matter of the Accusation Against:	Case No. 800-2017-031094	
14	PAUL JONATHAN SACKSCHEWSKY, M.D.	ACCUSATION	
15	1335 S. Fairmont Lodi, CA 95240		
16	Physician's and Surgeon's Certificate		
17	No. G 79026,		
18	Respondent.		
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20	Complainant alleges:		
21	<u>PARTIES</u>		
22	1. Kimberly Kirchmeyer (Complainant) brings this Accusation solely in her official		
23	capacity as the Executive Director of the Medical	Board of California, Department of Consumer	
24	Affairs (Board).		
25	2. On or about June 1, 1994, the Medica	l Board issued Physician's and Surgeon's	
26	Certificate No. G 79026 to Paul Jonathan Sackschewsky, M.D. (Respondent). The Physician's		
27	and Surgeon's Certificate was in full force and effect at all times relevant to the charges brought		
28	herein and will expire on June 30, 2020, unless renewed.		
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JURISDICTION

- 3. This Accusation is brought before the Board, under the authority of the following laws. All section references are to the Business and Professions Code unless otherwise indicated.
 - 4. Section 2227 of the Code states:
- "(a) A licensee whose matter has been heard by an administrative law judge of the Medical Quality Hearing Panel as designated in Section 11371 of the Government Code, or whose default has been entered, and who is found guilty, or who has entered into a stipulation for disciplinary action with the board, may, in accordance with the provisions of this chapter:
 - "(1) Have his or her license revoked upon order of the board.
- "(2) Have his or her right to practice suspended for a period not to exceed one year upon order of the board.
- "(3) Be placed on probation and be required to pay the costs of probation monitoring upon order of the board.
- "(4) Be publicly reprimanded by the board. The public reprimand may include a requirement that the licensee complete relevant educational courses approved by the board.
- "(5) Have any other action taken in relation to discipline as part of an order of probation, as the board or an administrative law judge may deem proper.
- "(b) Any matter heard pursuant to subdivision (a), except for warning letters, medical review or advisory conferences, professional competency examinations, continuing education activities, and cost reimbursement associated therewith that are agreed to with the board and successfully completed by the licensee, or other matters made confidential or privileged by existing law, is deemed public, and shall be made available to the public by the board pursuant to Section 803.1."
 - 5. Section 2234 of the Code, states:

"The board shall take action against any licensee who is charged with unprofessional conduct. In addition to other provisions of this article, unprofessional conduct includes, but is not limited to, the following:

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"(b) Gross negligence.

- "(c) Repeated negligent acts. To be repeated, there must be two or more negligent acts or omissions. An initial negligent act or omission followed by a separate and distinct departure from the applicable standard of care shall constitute repeated negligent acts.
- "(1) An initial negligent diagnosis followed by an act or omission medically appropriate for that negligent diagnosis of the patient shall constitute a single negligent act.
- "(2) When the standard of care requires a change in the diagnosis, act, or omission that constitutes the negligent act described in paragraph (1), including, but not limited to, a reevaluation of the diagnosis or a change in treatment, and the licensee's conduct departs from the applicable standard of care, each departure constitutes a separate and distinct breach of the standard of care.

"..."

6. Section 2266 of the Code states:

"The failure of a physician and surgeon to maintain adequate and accurate records relating to the provision of services to their patients constitutes unprofessional conduct."

7. Unprofessional conduct under Business and Professions Code section 2234 is conduct which breaches the rules or ethical code of the medical profession, or conduct which is unbecoming a member in good standing of the medical profession, and which demonstrates an unfitness to practice medicine. (*Shea v. Board of Medical Examiners* (1978) 81 Cal.App.3d 564, 575.)

FIRST CAUSE FOR DISCIPLINE (Gross Negligence)

8. Respondent has subjected his Physician's and Surgeon's Certificate No. G 79026 to disciplinary action under sections 2227 and 2234, as defined by section 2234, subdivision (b), of the Code, in that he committed gross negligence in his care and treatment of Patient A, 1 as more particularly alleged hereinafter:

¹ References to "Patient A" are used to protect patient privacy. The identity of Patient A is disclosed in the discovery.

- 9. Patient A's medical diagnoses included, but were not limited to, bipolar 1 disorder,² anxiety, depression, chronic pain, hypertension,³ and chronic opiate and benzodiazepine⁴ dependence. On or about September 18, 2013, Patient A was seen by her primary care physician, Dr. K., and requested a prescription for Methadone.⁵ On that day, Patient A was diagnosed with atrial flutter,⁶ which resulted in a referral to the Emergency Room (ER), and a deferral of prescription for Methadone.
- 10. Following her discharge from the ER, Patient A requested an appointment with Respondent, demanding a prescription for Methadone. Apparently, Patient A was unwilling to wait for an appointment with Dr. K, who was unavailable until September 23, 2013.
- 11. On or about September 20, 2013, Patient A visited Respondent. Without identifying or documenting identification of any new or acute medical issues, Respondent prescribed to Patient A, Methadone at 30 mg, per day, to be titrated up⁷, instead of deferring to Patient A's primary care physician. Respondent did not order a cardiovascular examination in order to reassess Patient A's atrial flutter. Respondent did not refer Patient A to a cardiologist for further investigation and/or assessment and/or evaluation of Patient A's atrial flutter. Respondent failed to consider and/or failed to document consideration of Patient A's need for anticoagulation.

² Bipolar disorder, formerly called manic depression, is a mental health condition that causes dramatic shifts in a person's mood, energy, and ability to think clearly.

³ Hypertension is another name for high blood pressure.

⁴ Benzodiazepine is a Schedule IV controlled substance pursuant to Health and Safety Code section 11057, subdivision (d), and a dangerous drug pursuant to Business and Professions Code section 4022. When properly prescribed and indicated, it is used for the management of anxiety disorders. Concomitant use of benzodiazepines, such as Xanax®, with opioids "may result in profound sedation, respiratory depression, coma, and death." The Drug Enforcement Administration (DEA) has identified benzodiazepines, such as Xanax®, as a drug of abuse. (Drugs of Abuse, DEA Resource Guide (2011 Edition), at p. 53.)

⁵ Methadone is a Schedule II controlled substance pursuant to Health and Safety Code section 11055, subsection (c)(14), and a dangerous drug pursuant to Business and Professions Code section 4022. When properly prescribed and indicated, Methadone is generally used to treat moderate to severe pain.

⁶ Atrial flutter is an abnormality in the beating of the heart.

⁷ Titrate means to continuously measure and adjust the balance of a physiological function or drug dosage.

Despite Patient's A's bipolar 1 disorder diagnosis, Respondent did not take steps to adequately assess and/or address additional risks associated with a poorly managed bipolar disorder, before prescribing Methadone to her. Respondent failed to document details of Patient A's symptoms, any physical examinations administered, or any plan for follow-up or referrals to specialists, if any. Respondent failed to adequately document assessment of pertinent co-existing conditions that may impact management of Patient A.

- 12. On or about September 21, 2013, Patient A expired.
- 13. Respondent committed gross negligence in his care and treatment of Patient A, which included, but was not limited to, the following:
- (a) Respondent failed to adequately reassess Patient A's atrial flutter after she was diagnosed with it; and
 - (b) Respondent failed to adequately document his care and treatment of Patient A.

SECOND CAUSE FOR DISCIPLINE (Repeated Negligent Acts)

- 14. Respondent has further subjected his Physician's and Surgeon's Certificate No. G 79026 to disciplinary action under sections 2227 and 2234, as defined by section 2234, subdivision (c), of the Code, in that he committed repeated negligent acts in his care and treatment of Patient A, as more particularly alleged herein:
- (a) Paragraphs 8 through 13, above, are hereby incorporated by reference and realleged as if fully set forth herein;
- (b) Respondent failed to adequately reassess Patient A's atrial flutter after she was diagnosed with it;
 - (c) Respondent failed to adequately document his care and treatment of Patient A;
- (d) Despite Patient's A's bipolar 1 disorder diagnosis, Respondent did not adequately assess and/or address additional risks associated with a poorly managed bipolar disorder, before prescribing Methadone to her; and

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(e) Without identifying or documenting identification of any new or acute medical issues, Respondent prescribed Methadone to Patient A, instead of deferring to her primary care physician.

THIRD CAUSE FOR DISCIPLINE (Failure to Maintain Adequate and Accurate Records)

15. Respondent has further subjected his Physician's and Surgeon's Certificate No. G 79026 to disciplinary action under sections 2227 and 2234, as defined by section 2266, of the Code, in that Respondent failed to maintain adequate and accurate records regarding his care and treatment of Patient A, as more particularly alleged in paragraphs 8 through 14, above, which are hereby incorporated by reference and realleged as if fully set forth herein.

FOURTH CAUSE FOR DISCIPLINE (General Unprofessional Conduct)

Respondent has further subjected his Physician's and Surgeon's Certificate No. G 79026 to disciplinary action under sections 2227 and 2234 of the Code, in that he has engaged in conduct which breaches the rules or ethical code of the medical profession, or conduct which is unbecoming to a member in good standing of the medical profession, and which demonstrates an unfitness to practice medicine, as more particularly alleged in paragraphs 8 through 15, above, which are hereby incorporated by reference as if fully set forth here.

PRAYER

WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged, and that following the hearing, the Medical Board of California issue a decision:

- 1. Revoking or suspending Physician's and Surgeon's Certificate No. G 79026, issued to Paul Jonathan Sackschewsky, M.D.;
- 2. Revoking, suspending or denying approval of Paul Jonathan Sackschewsky, M.D.'s authority to supervise physician assistants and advanced practice nurses;
- 3. Ordering Paul Jonathan Sackschewsky, M.D., if placed on probation, to pay the Board the costs of probation monitoring; and

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1	,	4. Taking such other and further action as deemed necessary and proper.	
2	DATED: Januar	y 9, 2019	July Kully
4			KIMBERLY KIRCHMEYER Executive Director Madical Board of California
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